

III Triathlon Pniewy 2016-06-26 WYNIKI KLASYFIKACJI GENERALNEJ

Msc.	Nr	Nazwisko	Rok	Płeć	Kat.	Msc.	Miasto	Klub	Pływanie	T1	Rower	T2	Bieg	Czas	K	M
Olimpijka																
1.	136	Paweł Chorolewski	1990	M	M18	1	Lublin		0:23:22 [4]	00:52 (+0)	1:04:47 [4] (-3)	00:33 (+0)	0:37:10 [1] (+0)	2:06:47		1.
2.	157	Piotr Kurek	1981	M	M30	1	Ślesin	BUDMIX	0:23:11 [2]	00:55 (+0)	1:04:56 [6] (+1)	00:38 (-1)	0:38:21 [2] (+0)	2:08:02		2.
3.	110	Przemysław Topolewski	1982	M	M30	2	Poznań	BE3_Cityzen	0:23:27 [5]	00:57 (+0)	1:04:41 [3] (-1)	00:46 (+0)	0:38:59 [3] (-1)	2:08:51		3.
4.	128	Artur Mieloch	1983	M	M30	3	Chodzież	Miel-Pol Team & Kawa Kamp	0:23:30 [6]	00:42 (-3)	1:04:50 [5] (-1)	00:39 (+1)	0:40:12 [9] (+1)	2:09:55		4.
5.	206	Natalia Krawczyk	1988	K	K18	1	Kalisz		0:21:28 [1]	00:51 (+0)	1:06:49 [23] (+4)	00:46 (+0)	0:42:18 [23] (+0)	2:12:14		1.
6.	108	Adrian Stempniak	1989	M	M18	2	Śrem	Ciacho Team Triathlon	0:26:34 [19]	01:02 (-2)	1:03:48 [1] (-9)	01:12 (+0)	0:40:07 [8] (-2)	2:12:46		5.
7.	118	Marcin Jaśkiewicz	1985	M	M30	4	Mogilno	Carsekt	0:25:46 [13]	00:58 (-2)	1:04:39 [2] (-4)	00:45 (+0)	0:40:42 [13] (+0)	2:12:52		6.
8.	140	Andrzej Grześ Grześ	1994	M	M18	3	Śrem	MOS Śrem	0:27:44 [29]	00:44 (-5)	1:05:25 [8] (-13)	00:41 (+0)	0:39:19 [5] (-3)	2:13:55		7.
9.	54	Marcin Rodziewicz	1985	M	M30	5	Poznań		0:26:02 [15]	01:02 (-1)	1:06:19 [16] (-5)	00:44 (+0)	0:40:34 [12] (+0)	2:14:43		8.
10.	123	Tomasz Kosicki	1989	M	M18	4	Lusówko	zmierz-nie-szacuj.pl Badania wydolnościowe	0:24:44 [8]	00:49 (+0)	1:05:48 [9] (-2)	00:46 (+0)	0:42:42 [26] (+4)	2:14:51		9.
11.	124	Jakub Szolek	1993	M	M18	5	Śrem		0:24:50 [9]	01:13 (+0)	1:07:58 [36] (+4)	00:57 (+3)	0:40:29 [11] (-5)	2:15:29		10.
12.	28	Piotr Bohater	1978	M	M30	6	Wrocław	ZARA TEAM	0:28:00 [32]	00:59 (+4)	1:05:08 [7] (-10)	00:43 (-5)	0:40:42 [14] (-1)	2:15:36		11.
13.	150	artur kumiszczko	1978	M	M30	7	wschowa		0:23:38 [7]	01:34 (+0)	1:08:51 [47] (+7)	00:54 (+1)	0:40:43 [15] (-2)	2:15:42		12.
14.	107	Michał Wierzbicki	1991	M	M18	6	Świebodzin	Zgrupka Team	0:28:19 [35]	01:23 (+0)	1:07:03 [25] (-14)	00:40 (+0)	0:39:18 [4] (-7)	2:16:45		13.
15.	32	Tomasz Kazancki	1976	M	M40	1	Legionowo		0:25:35 [12]	01:25 (+1)	1:07:09 [28] (+4)	00:54 (+0)	0:42:49 [27] (-2)	2:17:52		14.
16.	130	Dariusz Mieloch	1983	M	M30	8	Chodzież	Kawa Kamp Miel-Pol Team	0:26:10 [17]	00:59 (-2)	1:06:25 [18] (-5)	00:48 (+0)	0:44:46 [54] (+6)	2:19:10		15.
17.	201	SZYMON PIECZYNSKI	1977	M	M30	9	WYSOCKO MAŁE	KS MARATON OSTRÓW WLKP.	0:29:56 [49]	01:02 (-7)	1:06:07 [15] (-15)	00:52 (-1)	0:41:45 [20] (-9)	2:19:44		16.
18.	198	Włodzimirz Krawczyk	1964	M	M50	1	Śrem	ciacho team triathlon	0:29:16 [39]	00:49 (-3)	1:06:42 [22] (-14)	00:49 (+2)	0:42:20 [24] (-6)	2:19:59		17.
19.	134	Łukasz Olszewski	1976	M	M40	2	Bydgoszcz		0:26:53 [22]	00:52 (-3)	1:06:22 [17] (-4)	00:46 (-1)	0:46:12 [73] (+5)	2:21:06		18.
20.	179	Krzysztof Smiglak	1983	M	M30	10	Bremen		0:31:03 [64]	00:46 (-13)	1:08:37 [44] (-6)	00:52 (+1)	0:39:56 [7] (-26)	2:21:17		19.
21.	82	JAROSŁAW WOLSKI	1972	M	M40	3	MOGILNO	SPORT I REKREACJA MOGILNO	0:27:26 [27]	01:58 (+4)	1:06:49 [24] (-12)	01:12 (+1)	0:43:51 [40] (+1)	2:21:18		20.
22.	25	Jarosław Nikodemak	1976	M	M40	4	Swarzędz	dla Magdy	0:29:06 [37]	01:36 (+3)	1:06:06 [14] (-17)	00:47 (+0)	0:43:49 [39] (-1)	2:21:26		21.
23.	62	Michał Krzyżek	1983	M	M30	11	Mosina	Sanfilippo Team	0:25:16 [11]	01:30 (+1)	1:10:17 [68] (+14)	01:06 (+1)	0:43:17 [32] (-4)	2:21:29		22.
24.	43	Patryk Bieniek	1980	M	M30	12	Poznań	Posnania	0:30:40 [58]	01:33 (-1)	1:07:03 [26] (-16)	01:00 (-3)	0:41:21 [17] (-14)	2:21:38		23.
25.	15	Mieczysław Wróblewski	1956	M	M60	1	Wrocław	WKT-ri Wrocław	0:27:14 [25]	00:41 (-4)	1:06:01 [11] (-9)	00:53 (+0)	0:46:53 [83] (+13)	2:21:45		24.
26.	148	Michał Wojtyński	1989	M	M18	7	Poznań	lingolabo.pl	0:29:55 [48]	01:19 (-3)	1:09:29 [54] (+2)	00:35 (-2)	0:41:34 [18] (-19)	2:22:53		25.
27.	3	Bartosz Michałowski	1980	M	M30	13	Kościan	DUON	0:26:13 [18]	01:27 (+0)	1:06:27 [19] (-2)	01:02 (+2)	0:48:01 [101] (+9)	2:23:12		26.
28.	31	Adam Kościński	1980	M	M30	14	Kościan	TRI Kościan	0:31:26 [76]	01:35 (-7)	1:05:55 [10] (-38)	00:45 (+0)	0:43:28 [36] (-3)	2:23:12		27.
29.	41	Michał Małek	1983	M	M30	15	Wrocław	WKT-ri Wrocław	0:30:21 [53]	01:10 (-6)	1:07:31 [31] (-14)	00:57 (+0)	0:43:14 [31] (-4)	2:23:16		28.
30.	76	Marcin Nowak	1982	M	M30	16	Plewiska	Tata wymiata	0:30:38 [57]	00:57 (-9)	1:07:35 [32] (-10)	00:58 (-3)	0:43:13 [29] (-5)	2:23:23		29.
31.	1	Marcin Głuszek	1981	M	M30	17	Swarzędz		0:25:55 [14]	01:16 (+2)	1:10:02 [66] (+13)	01:15 (+1)	0:44:57 [56] (+1)	2:23:26		30.
32.	5	Paweł Podsiadło	1989	M	M18	8	Poznań		0:27:59 [31]	01:28 (+1)	1:09:35 [57] (+2)	00:59 (+0)	0:43:35 [37] (-2)	2:23:39		31.
33.	66	Miroslaw Warzybok	1982	M	M30	18	Poznań	Centrum Ratownictwa Medycznego Medservis	0:27:57 [30]	01:07 (-1)	1:08:15 [41] (+1)	00:55 (-2)	0:45:24 [65] (+5)	2:23:39		32.
34.	212	Bartosz Łączka	1993	M	M18	9	Poznań	VELOCITY WARSZTAT TRENINGU	0:26:56 [23]	01:42 (+2)	1:08:14 [40] (+0)	01:03 (+0)	0:46:07 [72] (+9)	2:24:04		33.
35.	98	Zbigniew Kusik	1982	M	M30	19	Poznań	Gira się kręci	0:31:27 [77]	01:38 (-6)	1:06:02 [12] (-36)	00:49 (-3)	0:44:06 [41] (+3)	2:24:05		34.
36.	183	Jakub Bajer	1977	M	M30	20	Poznań	WIKTOR TEAM	0:29:23 [42]	02:23 (+7)	1:07:22 [29] (-12)	01:14 (+3)	0:44:08 [42] (-4)	2:24:32		35.
37.	178	Marcin Foltyski	1977	M	M30	21	Gruszczyn	trenertriathlonu.pl	0:32:33 [90]	01:48 (-2)	1:06:37 [21] (-35)	01:17 (-1)	0:42:17 [22] (-15)	2:24:35		36.
38.	158	Cezary Krzywicki	1964	M	M50	2	Jelenia Góra	Just swimm Jelenia Góra	0:29:39 [44]	01:00 (-5)	1:06:04 [13] (-19)	00:29 (-1)	0:47:31 [93] (+19)	2:24:46		37.
39.	193	Bartosz Witczak	1973	M	M40	5	Pniewy	pulsstory	0:31:57 [85]	02:06 (+0)	1:08:57 [50] (-25)	00:55 (+0)	0:40:49 [16] (-21)	2:24:46		38.
40.	19	Jakub Kukowski	1990	M	M18	10		AVK POLSKA	0:28:01 [33]	01:11 (-3)	1:07:38 [34] (-6)	00:40 (-2)	0:47:37 [97] (+18)	2:25:09		39.
41.	26	Przemysław Dysarz	1981	M	M30	22	Poznań	Trenertriathlonu.pl	0:27:03 [24]	01:02 (-2)	1:11:44 [78] (+22)	01:08 (+0)	0:44:12 [45] (-3)	2:25:11		40.
42.	199	Rafał Tamborski	1979	M	M30	23	Leszno	Companeros	0:31:32 [80]	01:24 (-13)	1:07:57 [35] (-17)	00:59 (+0)	0:43:18 [33] (-8)	2:25:11		41.
43.	71	Arkadiusz Święcicki	1978	M	M30	24	Kiekrz	Mors Niezrzeczony :)	0:31:28 [78]	01:49 (-3)	1:07:38 [33] (-23)	00:53 (-4)	0:43:23 [35] (-5)	2:25:13		42.
44.	139	Sebastian Ryś	1975	M	M40	6	Tulce		0:26:36 [20]	01:46 (+3)	1:08:49 [46] (+5)	01:07 (+1)	0:47:02 [85] (+15)	2:25:23		43.
45.	216	Maciej Maćkowski	1981	M	M30	25	Berlin		0:29:49 [46]	01:28 (+0)	1:07:58 [37] (-6)	01:09 (+1)	0:46:25 [77] (+4)	2:26:52		44.
46.	34	Łukasz Górnicki	1976	M	M40	7	Skwierzyna	Tri Skwierzyna	0:29:56 [50]	01:51 (+0)	1:09:03 [53] (-1)	01:05 (+2)	0:45:16 [62] (-5)	2:27:13		45.
47.	152	Jakub Przybylski	1981	M	M30	26	Dąbrówka	WF	0:31:07 [66]	01:24 (-6)	1:09:39 [59] (-2)	00:55 (-2)	0:44:10 [44] (-9)	2:27:18		46.
48.	57	Filip Poniedziałek	1984	M	M30	27	Poznań		0:31:17 [72]	01:20 (-10)	1:08:02 [38] (-16)	01:12 (+3)	0:45:39 [67] (-1)	2:27:32		47.
49.	73	Marcin Nowak	1985	M	M30	28	Poznań		0:33:50 [111]	01:05 (-16)	1:09:35 [58] (-29)	01:05 (+0)	0:42:02 [21] (-17)	2:27:38		48.

III Triathlon Pniewy 2016-06-26 WYNIKI KLASYFIKACJI GENERALNEJ

Msc.	Nr	Nazwisko	Rok	Płeć	Kat.	Msc.	Miasto	Klub	Pływanie	T1	Rower	T2	Bieg	Czas	K	M
50.	14	Konrad Giezek	1980	M	M30	29	Poznań	Posnania	0:30:15 [51]	01:34 (+1)	1:07:27 [30] (-10)	01:00 (-3)	0:47:27 [91] (+11)	2:27:46		49.
51.	87	Paweł Midloch	1975	M	M40	8	Zdroisko		0:30:37 [56]	01:56 (+5)	1:06:29 [20] (-29)	01:14 (+5)	0:47:31 [95] (+14)	2:27:49		50.
52.	90	Rafał Balcerzak	1977	M	M30	30	Poznań		0:28:12 [34]	01:24 (+0)	1:09:32 [55] (+2)	01:01 (+0)	0:47:48 [99] (+16)	2:27:59		51.
53.	70	Jakub Gzyl	1985	M	M30	31	Wronki	WKB	0:31:14 [68]	01:03 (-9)	1:09:46 [61] (-3)	01:08 (+2)	0:45:13 [61] (-5)	2:28:26		52.
54.	155	Paweł Rogowski	1994	M	M18	11	Poznań		0:33:48 [109]	01:51 (-3)	1:12:53 [90] (-15)	00:59 (-3)	0:39:30 [6] (-34)	2:29:03		53.
55.	58	Bartosz Michalak	1979	M	M30	32	Śrem	Ciacho Team	0:36:55 [153]	01:21 (-11)	1:08:10 [39] (-64)	01:04 (-2)	0:41:36 [19] (-21)	2:29:08		54.
56.	27	Radek Darul	1974	M	M40	9	Skórzewo	Skórzewo biega	0:31:28 [79]	01:46 (-5)	1:14:44 [105] (+11)	01:10 (+0)	0:40:15 [10] (-29)	2:29:26		55.
57.	91	Artur Wasilewski	1970	M	M40	10	Kalisz		0:26:05 [16]	01:42 (+4)	1:11:42 [77] (+23)	01:21 (+0)	0:48:50 [110] (+19)	2:29:41		56.
58.	44	Anna Peterek	1990	K	K18	2	Poznań	BB RUNNERS	0:24:51 [10]	01:40 (+0)	1:17:08 [131] (+55)	01:33 (-1)	0:44:44 [53] (-6)	2:29:58	2.	
59.	174	Marek Szydłowski	1981	M	M30	33	Poznań	parkrun Poznań	0:27:21 [26]	01:30 (+0)	1:14:05 [100] (+33)	00:54 (+0)	0:46:33 [80] (+0)	2:30:25		57.
60.	160	Magdalena Mieścicka	1980	K	K30	1	Poznań	trenertriathlonu.pl	0:30:32 [54]	01:39 (+2)	1:09:56 [65] (+1)	01:00 (+0)	0:47:25 [89] (+3)	2:30:35	3.	
61.	95	JAKUB JEZIÓŁKOWSKI	1983	M	M30	34	PNIEWY	Gira Się Kręci	0:32:48 [94]	01:45 (-4)	1:12:06 [80] (-11)	01:04 (-2)	0:43:09 [28] (-16)	2:30:54		58.
62.	6	Tomasz Orwat	1974	M	M40	11	Zielona Góra	Grupa ROTO MTB / IRT Zielona Góra	0:32:41 [91]	03:02 (+17)	1:08:54 [48] (-40)	01:19 (+0)	0:45:02 [58] (-6)	2:31:01		59.
63.	211	Anna Żychska	1989	K	K18	3	Człuchów	VELOCITY WARSZTAT TRENINGU	0:33:16 [98]	01:52 (-2)	1:10:19 [69] (-24)	01:38 (+1)	0:44:14 [47] (-10)	2:31:22	4.	
64.	2	Adam Szofer	1984	M	M30	35	Nowy Tomyśl	NKB Chyży Nowy Tomyśl	0:34:51 [130]	01:39 (-13)	1:09:50 [62] (-41)	00:48 (-2)	0:44:13 [46] (-10)	2:31:23		60.
65.	36	Bogdan dubiec	1968	M	M40	12	Skwierzyna	Tri Skwierzyna	0:31:06 [65]	02:15 (+13)	1:09:51 [63] (-16)	01:25 (+1)	0:47:11 [87] (+2)	2:31:50		61.
66.	61	Wojciech Buczkowski	1974	M	M40	13	Piersko	LZS Piersko	0:29:53 [47]	02:04 (+6)	1:08:56 [49] (-2)	02:04 (+4)	0:49:18 [116] (+11)	2:32:17		62.
67.	214	Daniel Kowalski	1976	M	M40	14	PUSZCZYKOWO	U Stefana Team	0:31:33 [81]	01:49 (-2)	1:11:39 [76] (-8)	01:34 (+0)	0:46:04 [71] (-4)	2:32:42		63.
68.	85	Marcin Pieszak	1983	M	M30	36	Tarnowo Podgórne	Kanapowe Pampry	0:31:20 [74]	01:24 (-10)	1:10:51 [74] (+0)	01:01 (-2)	0:48:11 [103] (+6)	2:32:49		64.
69.	114	Magdalena Dunaj	1982	K	K30	2	Poznań	BE 3 Cityzen_	0:33:03 [96]	02:38 (+11)	1:12:39 [88] (-18)	01:53 (+8)	0:42:37 [25] (-28)	2:32:52	5.	
70.	188	Maciej Wiora	1969	M	M40	15	Zabrze	My center RTV AGD	0:30:48 [61]	01:28 (-3)	1:08:28 [42] (-10)	01:02 (-1)	0:51:04 [135] (+23)	2:32:53		65.
71.	192	Piotr Ostrowski	1971	M	M40	16	Poznań		0:33:47 [106]	01:47 (-4)	1:12:40 [89] (-15)	01:15 (-1)	0:43:22 [34] (-15)	2:32:53		66.
72.	180	Karol Węglowski	1996	M	M18	12	Środa Wielkopolska	Leniwy Triathlonista	0:23:16 [3]	01:41 (+3)	1:16:28 [123] (+49)	00:54 (-2)	0:50:35 [126] (+19)	2:32:56		67.
73.	102	Robert Lampka	1968	M	M40	17	Tulce		0:32:19 [89]	02:09 (+0)	1:10:13 [67] (-20)	01:22 (+1)	0:47:01 [84] (+3)	2:33:07		68.
74.	72	MACIEJ SZYMCZAK	1979	M	M30	37	GORZÓW WLKP.		0:27:28 [28]	02:07 (+5)	1:13:54 [96] (+30)	01:57 (+2)	0:48:03 [102] (+9)	2:33:30		69.
75.	197	Arkadiusz Jakubowski	1973	M	M40	18	PMI		0:29:20 [41]	01:19 (-3)	1:08:34 [43] (+1)	01:28 (+3)	0:52:47 [147] (+33)	2:33:30		70.
76.	186	Rafał Niedbala	1980	M	M30	38	Poznań		0:33:42 [102]	02:17 (+8)	1:08:44 [45] (-40)	01:18 (-1)	0:47:33 [96] (+7)	2:33:36		71.
77.	11	Bartłomiej Kolber	1981	M	M30	39	Poznań	Koliberek	0:32:45 [92]	02:02 (+0)	1:15:02 [111] (+15)	00:58 (-1)	0:43:14 [30] (-29)	2:34:03		72.
78.	133	tomek materna	1973	M	M40	19	poznan		0:30:47 [60]	01:53 (+3)	1:10:25 [70] (-2)	01:19 (+0)	0:49:47 [121] (+17)	2:34:13		73.
79.	144	Krzysztof Sikorski	1980	M	M30	40	Międzyrzecz	KM IRT Triathlon Międzyrzecz/Zielona Góra	0:31:16 [70]	02:46 (+13)	1:13:56 [97] (+1)	01:46 (+6)	0:44:40 [51] (-11)	2:34:26		74.
80.	132	Zbigniew Czajkowski	1976	M	M40	20	Bydgoszcz		0:30:18 [52]	01:48 (+3)	1:16:40 [126] (+40)	00:53 (-6)	0:44:53 [55] (-9)	2:34:33		75.
81.	147	Remik Świątek	1976	M	M40	21	Owińska		0:33:57 [112]	01:26 (-12)	1:13:26 [91] (-2)	01:20 (-2)	0:44:30 [50] (-15)	2:34:41		76.
82.	153	Karina Wolska	1989	K	K18	4	Wrocław		0:34:18 [121]	01:54 (-7)	1:12:33 [86] (-20)	01:07 (-3)	0:45:13 [60] (-9)	2:35:06	6.	
83.	137	Przemek Koch	1986	M	M30	41	Śrem		0:33:46 [105]	02:24 (+8)	1:10:33 [71] (-33)	01:51 (+2)	0:46:37 [82] (+1)	2:35:12		77.
84.	4	Maciej Sroka	1978	M	M30	42	Puszczykowo		0:35:19 [137]	01:56 (-8)	1:09:00 [51] (-55)	01:31 (+4)	0:47:26 [90] (+6)	2:35:14		78.
85.	227	Marcin Polkowski	1976	M	M40	22	Skórzewo	Fabryka Triathlonu	0:35:55 [145]	01:51 (-7)	1:09:35 [56] (-57)	00:45 (-1)	0:47:06 [86] (+5)	2:35:14		79.
86.	100	Jacek Baran	1967	M	M40	23	Golina	KB Wartko	0:34:38 [127]	02:04 (-5)	1:13:45 [94] (-11)	00:52 (-1)	0:44:10 [43] (-24)	2:35:31		80.
87.	175	Krzysztof Borsiak	1969	M	M40	24	Plewiska	Lux Med	0:35:31 [141]	02:21 (-1)	1:11:06 [75] (-41)	01:33 (+6)	0:46:01 [70] (-18)	2:36:33		81.
88.	195	Paweł Zülsdorff	1990	M	M18	13	Poznań		0:35:19 [138]	04:13 (+17)	1:09:01 [52] (-63)	01:47 (+8)	0:46:27 [78] (-12)	2:36:48		82.
89.	45	Artur Maliszewski	1971	M	M40	25	Swarzędz		0:34:44 [128]	01:56 (-7)	1:13:42 [93] (-11)	00:54 (-1)	0:46:13 [75] (-20)	2:37:32		83.
90.	208	Sławomir Kawecki	1981	M	M30	43	Komorńniki		0:35:30 [140]	01:49 (-9)	1:13:59 [98] (-14)	01:34 (+2)	0:44:41 [52] (-29)	2:37:35		84.
91.	191	katarzyna Golda-Wojtkowiak	1982	K	K30	3	Sokolniki Gwiazdowskie	norson	0:33:48 [110]	01:41 (-9)	1:14:53 [109] (+8)	01:08 (+2)	0:46:13 [74] (-20)	2:37:45	7.	
92.	189	Marek Sołtysiak	1979	M	M30	44	Kokanin		0:29:27 [43]	01:44 (+1)	1:14:38 [103] (+29)	00:50 (-1)	0:51:28 [137] (+20)	2:38:10		85.
93.	12	Michał Gorkowski	1991	M	M18	14	Chodzież	LOK TAZAR CHODZIEŻ	0:31:09 [67]	01:46 (-1)	1:15:27 [113] (+24)	01:08 (-3)	0:49:01 [112] (+6)	2:38:32		86.
94.	226	Grzegorz Pachowicz	1985	M	M30	45	Poznań	TAON	0:26:44 [21]	02:09 (+6)	1:21:03 [152] (+81)	01:18 (+0)	0:47:19 [88] (-14)	2:38:36		87.
95.	9	Jakub Jabłoński	1981	M	M30	46	Poznań	My TRI Team	0:37:30 [163]	01:39 (-14)	1:12:39 [87] (-29)	00:57 (-5)	0:45:53 [68] (-20)	2:38:40		88.
96.	69	Dawid Sikora	1976	M	M40	26			0:31:17 [71]	02:27 (+10)	1:16:04 [122] (+25)	01:18 (+1)	0:47:48 [98] (-11)	2:38:55		89.
97.	104	Łukasz Janek	1984	M	M30	47	Kościan		0:34:47 [129]	01:52 (-9)	1:12:20 [85] (-20)	01:09 (-5)	0:48:54 [111] (+2)	2:39:04		90.
98.	170	Artur Jaworski	1988	M	M18	15	Poznań		0:35:15 [135]	02:07 (-3)	1:10:47 [73] (-46)	00:58 (-2)	0:50:04 [123] (+14)	2:39:13		91.
99.	68	Przemysław Szymański	1978	M	M30	48	Trzcianka	Rewizor TRI	0:35:49 [144]	01:51 (-9)	1:14:15 [101] (-14)	00:56 (-3)	0:46:27 [79] (-19)	2:39:20		92.
100.	203	Tomasz Miara	1972	M	M40	27	Września		0:34:16 [119]	02:19 (-1)	1:12:13 [82] (-22)	01:12 (-4)	0:49:25 [118] (+8)	2:39:26		93.
101.	171	Michał Kulesza	1976	M	M40	28	Poznań	Kuźnia Triathlonu	0:33:47 [108]	01:02 (-15)	1:14:33 [102] (+12)	01:01 (-3)	0:49:01 [113] (-1)	2:39:27		94.

III Triathlon Pniewy 2016-06-26 WYNIKI KLASYFIKACJI GENERALNEJ

Msc.	Nr	Nazwisko	Rok	Płeć	Kat.	Msc.	Miasto	Klub	Pływanie	T1	Rower	T2	Bieg	Czas	K	M
102.	99	JAKUB LEWANDOWSKI	1979	M	M30	49	KOZIEGŁOWY	ILIM / GIRA SIĘ KRĘCI	0:31:35 [82]	02:01 (-2)	1:15:29 [115] (+23)	01:19 (-2)	0:49:06 [114] (+1)	2:39:31		95.
103.	13	Paweł Skornowicz	1971	M	M40	29	Kaźmierz	Kaźmierz	0:33:45 [104]	01:48 (-1)	1:18:51 [144] (+33)	01:32 (+0)	0:43:45 [38] (-33)	2:39:43		96.
104.	20	MARITA SİDEŁ	1972	K	K40	1	POZNAŃ		0:34:08 [117]	01:28 (-13)	1:13:35 [92] (+0)	01:02 (-6)	0:49:31 [119] (+6)	2:39:46	8.	
105.	106	Darek Okoń	1974	M	M40	30	Poznań	Rokietnica Biega	0:35:40 [142]	02:03 (-6)	1:16:41 [128] (-1)	01:29 (+0)	0:44:17 [48] (-30)	2:40:11		97.
106.	80	Jakub Balawander	1974	M	M40	31	Poznań	Go Kuba Go	0:34:06 [116]	01:49 (-7)	1:12:03 [79] (-26)	02:06 (+10)	0:50:11 [124] (+13)	2:40:16		98.
107.	86	Zosia Pieszak	1985	K	K30	4	Tarnowo Podgórne	Fabryka Triathlonu	0:33:47 [107]	01:29 (-10)	1:18:35 [139] (+37)	01:10 (-4)	0:45:21 [63] (-23)	2:40:24		9.
108.	115	Jakub Szulczyk	1989	M	M18	16	Poznań	CSWLąd	0:30:57 [62]	02:10 (+10)	1:15:54 [119] (+30)	01:04 (-8)	0:50:40 [128] (+14)	2:40:47		99.
109.	81	Rafał Jakubczyk	1981	M	M30	50	Luboń		0:32:49 [95]	0	[-1] 0	0	[-1] 0	2:40:50		100.
110.	40	Przemysław Sandelewski	1985	M	M30	51	Poznań	Łódź	0:29:05 [36]	01:29 (+1)	1:15:50 [117] (+40)	00:57 (-2)	0:53:40 [152] (+35)	2:41:02		101.
111.	159	Paweł Śmiglak	1976	M	M40	32	Borówiec		0:36:32 [150]	02:16 (-3)	1:14:05 [99] (-20)	01:39 (-1)	0:46:34 [81] (-15)	2:41:09		102.
112.	50	Rafał Paczuski	1992	M	M18	17	Swarzędz	DEFENDU	0:31:25 [75]	01:27 (-10)	1:18:40 [141] (+54)	01:28 (+1)	0:48:19 [106] (-8)	2:41:20		103.
113.	121	Sławomir Przybylski	1962	M	M50	3	Zielona Góra		0:33:43 [103]	01:54 (+2)	1:18:04 [135] (+26)	02:01 (+1)	0:45:38 [66] (-19)	2:41:22		104.
114.	125	Piotr Protasiewicz	1970	M	M40	33	konin	imagecyclingteam	0:37:39 [164]	02:32 (+4)	1:10:35 [72] (-47)	01:03 (+0)	0:49:39 [120] (+1)	2:41:30		105.
115.	97	Leszek Leonarczyk	1986	M	M30	52	Luboń	Cityzen	0:33:07 [97]	01:47 (-3)	1:09:44 [60] (-27)	01:04 (+0)	0:55:50 [159] (+48)	2:41:33		106.
116.	37	Sandra Przybysz	1988	K	K18	5	Pniewy	Odjechani-team.pl	0:33:36 [101]	01:41 (-3)	1:12:10 [81] (-16)	00:55 (-1)	0:53:22 [150] (+35)	2:41:46		10.
117.	29	DAWID BARTKOWIAK	1974	M	M40	34	PIŁA	PROJEKT IRONMAN 2018	0:29:40 [45]	01:06 (-4)	1:24:31 [161] (+96)	01:19 (+2)	0:45:21 [64] (-22)	2:42:00		107.
118.	8	Bartosz Zajac	1989	M	M18	18	Poznań	Looksfera/M-Tronic	0:34:55 [132]	01:49 (-9)	1:12:16 [83] (-22)	01:17 (-2)	0:51:42 [140] (+19)	2:42:01		108.
119.	103	Katarzyna Sammler	1982	K	K30	5	Poznań	Drużyna Szpiku	0:31:18 [73]	02:02 (+4)	1:19:23 [147] (+48)	01:13 (-2)	0:48:20 [108] (-4)	2:42:19		11.
120.	46	Dominik Wójcicki	1985	M	M30	53			0:34:17 [120]	01:44 (-9)	1:12:17 [84] (-23)	00:40 (-5)	0:53:43 [153] (+37)	2:42:43		109.
121.	220	Wacław Curyło	1964	M	M50	4	Warka		0:39:57 [176]	02:04 (-3)	1:13:47 [95] (-32)	00:41 (-4)	0:46:14 [76] (-16)	2:42:44		110.
122.	182	Przemysław Rybiński	1982	M	M30	54	Swarzędz		0:37:27 [161]	02:24 (-4)	1:16:40 [127] (-11)	01:08 (-2)	0:45:12 [59] (-22)	2:42:53		111.
123.	163	Michał Chmielewski	1982	M	M30	55	Poznań	T.W.I.S.M	0:32:18 [88]	01:49 (-2)	1:14:42 [104] (+11)	01:39 (+7)	0:52:31 [144] (+19)	2:43:01		112.
124.	223	krzysztof dąbrowski	1973	M	M40	35	rostworowo	Fit flox	0:29:20 [40]	01:50 (+3)	1:09:53 [64] (+11)	01:38 (+0)	1:00:37 [173] (+70)	2:43:20		113.
125.	200	Marcin Franaszczyk	1975	M	M40	36	Sieraków		0:34:04 [115]	02:34 (+4)	1:14:44 [106] (-1)	01:26 (-2)	0:50:54 [133] (+9)	2:43:45		114.
126.	10	Marcin Rybarczyk	1975	M	M40	37	Poznań		0:31:44 [84]	02:19 (+0)	1:16:34 [125] (+28)	01:08 (+0)	0:52:08 [142] (+14)	2:43:54		115.
127.	7	Jacek Idzikowski	1982	M	M30	56	Sątopy	NKB Chyży Nowy Tomyśl	0:36:47 [152]	02:27 (-1)	1:07:06 [27] (-76)	01:45 (+4)	0:55:55 [160] (+48)	2:44:02		116.
128.	190	Andrzej Hryszkiewicz	1987	M	M18	19	Poznań		0:30:59 [63]	02:19 (+13)	1:15:24 [112] (+17)	01:44 (+10)	0:53:35 [151] (+25)	2:44:02		117.
129.	187	GRZEGORZ JURGIELEWICZ	1979	M	M30	57	Świebodzin		0:32:01 [86]	02:19 (+1)	1:18:09 [136] (+36)	00:53 (-1)	0:50:48 [130] (+7)	2:44:13		118.
130.	83	Dawid Pauszek	1980	M	M30	58	Budzyń	BTS Budzyń Diabło#805	0:32:48 [93]	02:34 (+6)	1:20:06 [150] (+40)	01:04 (-1)	0:48:18 [105] (-8)	2:44:52		119.
131.	184	Paweł Kaczmarek	1976	M	M40	38	Poznań		0:35:06 [133]	02:22 (+0)	1:16:00 [121] (-4)	01:13 (-1)	0:50:35 [127] (+3)	2:45:19		120.
132.	78	Wojciech JAŁOSZYŃSKI	1974	M	M40	39	Skwierzyna	Tri Skwierzyna	0:34:37 [126]	03:08 (+11)	1:18:44 [142] (+8)	01:34 (+1)	0:47:31 [94] (-14)	2:45:35		121.
133.	161	Łukasz Mieścicki	1980	M	M30	59	Poznań	trenertriathlonu.pl	0:35:17 [136]	02:22 (-2)	1:18:40 [140] (+9)	01:09 (+0)	0:48:19 [107] (-10)	2:45:48		122.
134.	63	Sebastian Witek	1976	M	M40	40	Lubin	AT TEAM	0:36:31 [149]	01:56 (-5)	1:14:52 [108] (-16)	01:39 (+1)	0:51:34 [139] (+5)	2:46:34		123.
135.	60	Grzegorz Struzik	1976	M	M40	41	Poznań	Jeżyce	0:33:29 [99]	02:50 (+17)	1:21:04 [153] (+32)	01:53 (+0)	0:47:31 [92] (-13)	2:46:48		124.
136.	49	Marek Ksyta	1985	M	M30	60	Opoczno		0:36:06 [147]	03:08 (+5)	1:16:29 [124] (-12)	01:23 (+1)	0:49:49 [122] (-5)	2:46:57		125.
137.	74	Jolanty Rybarczyk	1960	M	M50	5	Pniewy		0:38:31 [170]	02:59 (+0)	1:18:21 [137] (-19)	01:24 (+0)	0:45:54 [69] (-14)	2:47:11		126.
138.	48	Karol Banach	1979	M	M30	61	Bolewice		0:37:25 [160]	01:46 (-10)	1:16:56 [129] (-8)	01:15 (+0)	0:50:24 [125] (-4)	2:47:48		127.
139.	52	Janusz Niżyński	1960	M	M50	6	Wrocław	WKT-tri Wrocław	0:45:54 [184]	01:13 (-3)	1:14:56 [110] (-23)	01:31 (+0)	0:44:26 [49] (-19)	2:48:02		128.
140.	75	PRZEMYSŁAW NOWACZYK	1980	M	M30	62	LUBOŃ		0:32:05 [87]	02:32 (+4)	1:18:54 [145] (+39)	01:55 (+1)	0:52:36 [146] (+9)	2:48:04		129.
141.	65	Kamil Kromski	1986	M	M30	63	Zielona Góra	www.kk-wnetrza.pl	0:36:39 [151]	02:59 (+5)	1:22:47 [159] (+4)	01:16 (-1)	0:45:01 [57] (-18)	2:48:43		130.
142.	111	Konrad Ratajszczak	1982	M	M30	64	Poznań	Posnania Triathlon	0:29:13 [38]	02:49 (+16)	1:18:48 [143] (+60)	01:59 (+3)	0:56:49 [165] (+25)	2:49:40		131.
143.	67	Maria Adamska	1984	K	K30	6	Szamotuły	Smashing Pąpkins/MariGoneTri	0:30:33 [55]	02:26 (+13)	1:27:22 [166] (+86)	01:25 (+0)	0:47:54 [100] (-11)	2:49:42		12.
144.	205	Michał Czarnecki	1987	M	M18	20	Międzychód	Michał Czarnecki	0:34:26 [122]	02:24 (+3)	1:15:51 [118] (-1)	01:39 (+0)	0:56:13 [161] (+20)	2:50:36		132.
145.	213	MACIEJ MICKER"	1974	M	M40	42	Chyby		0:38:18 [168]	03:10 (+1)	1:17:08 [132] (-20)	01:19 (+0)	0:51:10 [136] (-4)	2:51:08		133.
146.	194	Piotr Milczarek	1984	M	M30	65	Poznań		0:37:59 [166]	02:44 (-3)	1:19:32 [148] (-10)	01:41 (+2)	0:49:25 [117] (-9)	2:51:22		134.
147.	53	Wojciech Drozd	1986	M	M30	66	Krotoszyn	KS KROTOSZ KROTOSZYN	0:38:44 [172]	02:42 (-4)	1:19:01 [146] (-13)	00:41 (-5)	0:51:00 [134] (-3)	2:52:10		135.
148.	149	Przemysław woś	1973	M	M40	43	Poznań		0:34:02 [114]	02:56 (+13)	1:15:27 [114] (-5)	01:58 (+3)	0:58:11 [169] (+23)	2:52:34		136.
149.	167	Tomasz Stawiak	1978	M	M30	67	Jawor		0:31:14 [69]	02:46 (+13)	1:17:01 [130] (+34)	02:12 (+5)	0:59:19 [171] (+28)	2:52:35		137.
150.	94	Michał Ciężkowski	1981	M	M30	68	Nowa Wieś Królewska		0:34:32 [125]	02:33 (+3)	1:19:57 [149] (+19)	00:40 (-2)	0:55:29 [157] (+7)	2:53:11		138.
151.	210	Sebastian Miedział	1983	M	M30	69	Rogalinec	Nie ma	0:35:14 [134]	03:03 (+9)	1:15:32 [116] (-10)	01:55 (+1)	0:57:54 [166] (+15)	2:53:41		139.
152.	173	Rafał Mazurek	1978	M	M30	70	Szczecin	KS IRONMAN C/S SZCZECIN	0:30:41 [59]	02:27 (+14)	1:20:35 [151] (+59)	01:59 (+1)	0:58:03 [167] (+19)	2:53:48		140.
153.	215	Marek Kamiński	1988	M	M18	21	Poznań	Hubert Król Team	0:37:04 [154]	03:00 (+4)	1:25:55 [163] (+7)	00:35 (+0)	0:48:31 [109] (-12)	2:55:07		141.

III Triathlon Pniewy 2016-06-26 WYNIKI KLASYFIKACJI GENERALNEJ

Msc.	Nr	Nazwisko	Rok	Płeć	Kat.	Msc.	Miasto	Klub	Pływanie	T1	Rower	T2	Bieg	Czas	K	M
154.	51	Hubert Bartkowiak	1968	M	M40	44	Radziądz		0:34:29 [123]	02:18 (+1)	1:28:28 [171] (+40)	01:11 (+0)	0:49:11 [115] (-10)	2:55:38		142.
155.	38	Maciej Piękniewski	1984	M	M30	71	Szewce	LNB	0:37:14 [156]	03:16 (+5)	1:26:36 [165] (+7)	01:09 (-1)	0:48:15 [104] (-12)	2:56:32		143.
156.	221	Tadeusz Kozłowski	1974	M	M40	45	Kargowa	www.e-line.pl	0:33:34 [100]	03:43 (+30)	1:22:28 [158] (+20)	01:58 (+3)	0:54:49 [155] (+3)	2:56:34		144.
157.	89	ORFEUSZ KURZACZ	1972	M	M40	46	Piła		0:39:44 [174]	01:48 (-3)	1:22:04 [156] (-10)	01:29 (+1)	0:51:47 [141] (-5)	2:56:54		145.
158.	151	Andrzej Wolniak	1954	M	M60	2	Kalisz	Supermaraton Kalisz	0:36:04 [146]	02:35 (+0)	1:21:26 [155] (+6)	01:29 (+0)	0:55:27 [156] (+6)	2:57:03		146.
159.	154	Tomasz Przybył	1988	M	M18	22	Kalisz	Supermaraton Kalisz	0:37:15 [157]	03:21 (+5)	1:14:48 [107] (-24)	01:32 (+2)	1:00:54 [175] (+19)	2:57:52		147.
160.	196	Witold Rudnicki	1992	M	M18	23	Poznań		0:38:15 [167]	02:51 (-1)	1:22:56 [160] (-4)	01:41 (+1)	0:52:08 [143] (-3)	2:57:53		148.
161.	55	Bartosz Antkowiak	1976	M	M40	47	Poznan		0:33:57 [113]	02:06 (-1)	1:25:07 [162] (+45)	01:31 (-1)	0:55:37 [158] (+5)	2:58:20		149.
162.	117	Alina Nawrot	1977	K	K30	7	Śrem	Be3 CityZen Poznań	0:35:24 [139]	02:23 (+0)	1:18:35 [138] (+5)	01:48 (+3)	1:00:38 [174] (+15)	2:58:50	13.	
163.	17	Anna Sterna	1991	K	K18	6	Gorzów Wilkp.		0:34:30 [124]	01:44 (-9)	1:27:50 [168] (+48)	00:59 (-2)	0:54:17 [154] (+2)	2:59:22	14.	
164.	165	Ewa Gorzelańczyk	1988	K	K18	7	Poznań	365sportu	0:36:08 [148]	02:21 (-3)	1:29:06 [174] (+25)	01:38 (-1)	0:50:50 [132] (-5)	3:00:05	15.	
165.	39	Mariusz Kaczmarek	1963	M	M50	7	Poznań	Fabryka Triathlonu	0:42:43 [179]	02:21 (-2)	1:17:16 [133] (-18)	01:50 (+1)	0:56:14 [162] (+5)	3:00:26	150.	
166.	166	Marzena Stawiak	1978	K	K30	8	JAWOR		0:35:42 [143]	02:20 (-2)	1:28:10 [170] (+25)	01:51 (+0)	0:53:05 [149] (+0)	3:01:10	16.	
167.	143	Tomasz Rajtar	1975	M	M40	48	Swarzędz		0:41:58 [178]	03:22 (+0)	1:22:13 [157] (-9)	03:13 (+3)	0:51:30 [138] (-5)	3:02:18		151.
168.	131	Kamil Wołoszyn	1990	M	M18	24	Poznań	Triaktywini	0:31:37 [83]	01:26 (-13)	1:17:52 [134] (+45)	01:06 (-1)	1:10:32 [183] (+54)	3:02:35		152.
169.	222	Maciej Łukarski	1981	M	M30	72	Grzebienisko	CSWL Poznań	0:38:38 [171]	03:13 (+1)	1:26:34 [164] (-1)	02:12 (+0)	0:52:35 [145] (-2)	3:03:14		153.
170.	168	Hubert Stanislawski	1993	M	M18	25	poznan		0:37:16 [158]	03:53 (+9)	1:30:05 [177] (+8)	01:41 (+1)	0:50:49 [131] (-6)	3:03:46		154.
171.	141	Maciej Mrówka	1972	M	M40	49	Warszawa	IRONANT. PL	0:34:53 [131]	01:59 (-5)	1:16:00 [120] (+0)	01:42 (+1)	1:09:36 [182] (+44)	3:04:12		155.
172.	142	MICHAŁ GRABOWSKI	1986	M	M30	73	Swarzędz		0:37:06 [155]	02:12 (-2)	1:27:42 [167] (+14)	01:56 (+1)	0:56:32 [164] (+4)	3:05:30		156.
173.	101	Rafał Ostrowski	1981	M	M30	74	Suchy Las	SGS Poland Team	0:37:25 [159]	02:06 (-5)	1:21:10 [154] (+2)	02:49 (+1)	1:02:16 [176] (+16)	3:05:48		157.
174.	138	Anna Nieć	1977	K	K30	9	Rybojedzko		0:41:54 [177]	02:10 (-1)	1:34:05 [180] (+4)	00:52 (-1)	0:50:45 [129] (-5)	3:09:48	17.	
175.	162	Piotr Zalewski	1969	M	M40	50	Warszawa	aleTEMPO	0:39:50 [175]	02:48 (+0)	1:29:17 [175] (+1)	00:54 (-1)	0:59:29 [172] (+0)	3:12:20		158.
176.	202	Łukasz Blachura	1981	M	M30	75	Wrocław		0:43:16 [181]	03:07 (-1)	1:28:39 [173] (-2)	01:23 (+0)	0:56:17 [163] (-2)	3:12:44		159.
177.	225	Tomasz Haj	1974	M	M40	51	Buk		0:44:31 [182]	05:54 (+0)	1:27:56 [169] (-1)	02:15 (+0)	0:52:49 [148] (-4)	3:13:27		160.
178.	145	Marta Joanna Kraszka	1990	K	K18	8	Poznań	Zgrupka Team	0:37:54 [165]	02:15 (-6)	1:28:37 [172] (+13)	01:37 (-2)	1:03:16 [177] (+8)	3:13:40	18.	
179.	119	Karolina Skwarek	1988	K	K18	9	śrem		0:38:25 [169]	02:29 (-4)	1:33:44 [179] (+12)	01:07 (+0)	0:58:04 [168] (+2)	3:13:52	19.	
180.	96	Małgorzata Pietrasiak	1956	K	K50	1	Poznań	BE3 CITYZEN Poznan	0:34:08 [118]	04:48 (+30)	1:30:32 [178] (+25)	02:55 (+1)	1:03:20 [178] (+6)	3:15:45	20.	
181.	207	Barbara Suszczewicz	1984	K	K30	10	Poznań	Wiewiory	0:37:29 [162]	03:23 (+2)	1:29:45 [176] (+10)	01:40 (-1)	1:08:13 [181] (+8)	3:20:31	21.	
182.	176	Mateusz Małociąg	1986	M	M30	76	Gorzów Wilkp.	OLO-MED	0:42:48 [180]	03:21 (-1)	1:35:02 [182] (+3)	01:29 (+0)	0:59:19 [170] (+0)	3:22:01		161.
183.	113	Przemysław Caruk	1968	M	M40	52	Kalisz	Kalisz	0:39:37 [173]	02:46 (+1)	1:34:35 [181] (+5)	03:37 (+1)	1:03:49 [179] (+3)	3:24:26		162.
184.	224	Michał Jędrzejczyk	1980	M	M30	77	Poznań		0:44:47 [183]	05:41 (+0)	1:44:39 [183] (+0)	01:45 (+0)	1:04:04 [180] (+1)	3:40:57		163.

Liczba zawodników: 184